




The Japanese Art of Reiki
An evening
with Frans Stiene
International House of Reiki

October 4th 2018
6.45pm to 9.15pm

Heaven Meets Earth
2746 Central Street
Evanston, IL, 60201
847-475-1500
www.heavenmeetsearthyoga.com

THE JAPANESE ART OF REIKI

OCTOBER 4TH, 2018

HEAVEN MEETS EARTH, EVANSTON, IL - \$35

AN EVENING WITH FRANS STIENE

Frans' approach to Reiki goes back to the way the system of Reiki was traditionally understood and practiced in Japan in the 1900s. This way follows the three mysteries of the sanmitsu (body-mind-speech). It includes not only hands-on healing but also the practice of meditation, healing techniques, chanting and the Reiju (initiation). The system of Reiki was originally developed by its founder Mikao Usui as a spiritual practice focusing on healing and personal development. The aim was to heal the Self to achieve a state of inner peace and wholeness. From that space, we can also help others and be the change we want to see in the world. The traditional approach of Reiki offers a solid foundation to anyone on the healing path.

This event combines lecture, discussion and experience.

Frans is a co-founder of the International House of Reiki and Shibumi International Reiki Association with Bronwen Logan.

Organizer: Veronique Frede, Reiki Teacher, 847-293-7332, www.moonstonesanctuary.com

Shinpiden Reiki III
Teacher Training

October 5th-7th 2018

9am – 5pm

Holiday Inn Evanston

One-day Practice Day

October 8th, 2018

Holiday Inn Evanston

9am – 4pm

International House of
Reiki

www.ihreiki.com

HEAVEN MEETS EARTH

2746 Central Street

Evanston, IL

847-475-1500

www.heavenmeetsearthyoga.com

Workshops & Events

6.45pm – 9.15pm